

## Somatic Coaching Pricing

*I offer my work on a sliding scale to make it as accessible as possible while honouring my own capacity and needs. Please choose the tier that best fits your current financial situation. Paying at the higher tiers supports me in offering lower-cost sessions to others.*

### Online Sessions (60 min)

Tier	Single Session	3-Session Package
 Supported	€60	€165 (€55/session)
 Standard	€80	€225 (€75/session)
 Community Care	€100	€285 (€95/session)

### In-Person Sessions (60 min)

Tier	Single Session	3-Session Package
 Supported	€80	€225 (€75/session)
 Standard	€100	€285 (€95/session)
 Community Care	€120	€345 (€115/session)

## Tendertime (30 min)

Sometimes you just need support *now*.

Tendertime is a short-notice somatic support session to meet you right where you are.

- Sliding scale: **€30–60**
- Online Only

**Payment:** by bank transfer (invoice available)

**Cancellations:**

For **Somatic Coaching Sessions** at least 24h notice needed; otherwise session will be charged

For **Tendertime:**

- If you cancel more than 12 hours before → no payment needed
- If you cancel within 12 hours or don't show up → full payment is due